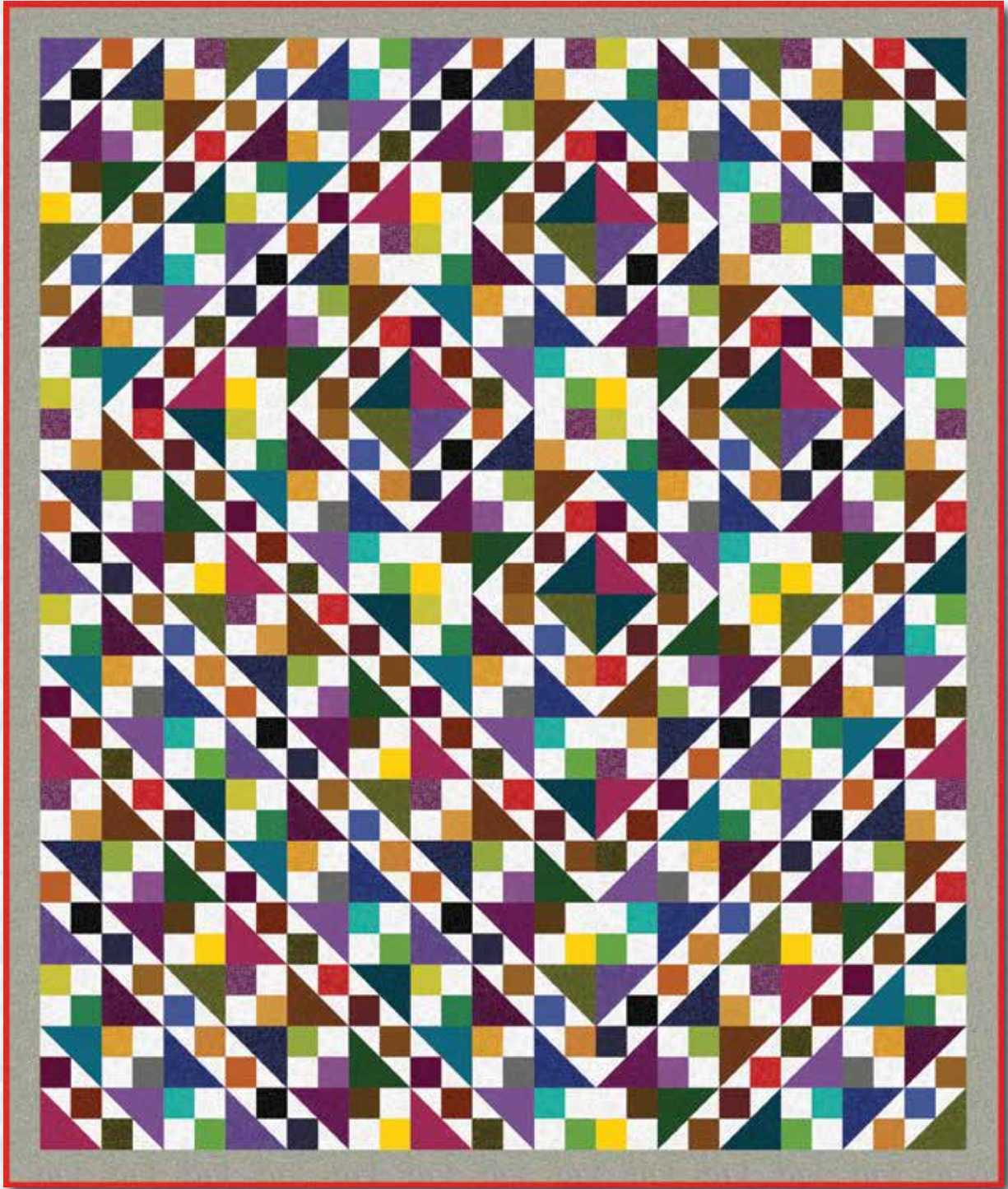


Bear Essentials



Bear Essentials

Twirly Swirly by Nancy Mahoney
featuring the *Bear Essentials* collection by P&B Textiles
Quilt Size: 64" x 76"

YARDAGE

| | | |
|-----------|-------------|-------------|
| Fabric A | ESSE 462 A | 1/4 yard |
| Fabric B | ESSE 462 C | 1/4 yard |
| Fabric C | ESSE 462 F | 1/4 yard |
| Fabric D | ESSE 462 I | 1/4 yard |
| Fabric E | ESSE 462 T | 1/4 yard |
| Fabric F | ESSE 462 YG | 1/8 yard |
| Fabric G | ESSE 463 A | 1/8 yard |
| Fabric H | ESSE 463 G | 1/8 yard |
| Fabric I | ESSE 463 NE | 1/8 yard |
| Fabric J | ESSE 463 O | 1/8 yard |
| Fabric K | ESSE 463 T | 1/4 yard |
| Fabric L | ESSE 463 Y | 1/8 yard |
| Fabric M | ESSE 463 Z | 1/8 yard |
| Fabric N | ESSE 464 B | 1/4 yard |
| Fabric O | ESSE 464 C | 1/4 yard |
| Fabric P | ESSE 464 R | 1/8 yard |
| Fabric Q | ESSE 464 RV | 1/4 yard |
| Fabric R | ESSE 464 S | 5/8 yard |
| Fabric S | ESSE 465 A | 1/8 yard |
| Fabric T | ESSE 465 B | 1/4 yard |
| Fabric U | ESSE 465 R | 1/8 yard |
| Fabric V | ESSE 465 RV | 1/8 yard |
| Fabric W | ESSE 465 S | 2 1/4 yards |
| Fabric X | ESSE 465 Y | 1/8 yard |
| Fabric Y | ESSE 466 B | 1/8 yard |
| Fabric Z | ESSE 466 C | 1/4 yard |
| Fabric AA | ESSE 466 HG | 1/4 yard |
| Fabric BB | ESSE 466 K | 1/8 yard |
| Fabric CC | ESSE 466 RO | 5/8 yard |
| Fabric DD | ESSE 466 Z | 1/8 yard |
| Fabric EE | ESSE 467 F | 1/8 yard |
| Fabric FF | ESSE 467 N | 1/8 yard |
| Fabric GG | ESSE 467 RV | 1/8 yard |
| Fabric HH | ESSE 467 T | 1/8 yard |
| Fabric II | ESSE 467 X | 1/8 yard |
| Fabric JJ | ESSE 469 D | 1/8 yard |
| Fabric KK | ESSE 469 G | 1/8 yard |
| Fabric LL | ESSE 469 NE | 1/8 yard |
| Fabric MM | ESSE 469 S | 1/8 yard |

GUTTING

All strips are cut across the width of fabric.

From each of fabrics A, B, C, D, E, K, N, O, Q, T, Z, and AA; cut:

- (1) 4 7/8" x 42" strip; crosscut into (8) 4 7/8" squares.
Cut the squares in half diagonally to yield 16 triangles
(1 will be extra).

From each of fabrics I, J, M, P, S, U, Y, BB, EE, FF, II, and JJ; cut:

- (1) 2 1/2" x 42" strip; crosscut into (15) 2 1/2" squares

From each of fabrics F, G, H, L, V, X, DD, GG, HH, KK, LL, and MM; cut:

- (1) 2 1/2" x 42" strip

From fabric W, cut:

- (12) 2 1/2" x 42" strips
- (14) 2 7/8" x 42" strips; crosscut into (180) 2 7/8" squares. Cut the squares in half diagonally to yield 360 triangles.

From fabric R, cut:

- (7) 2 1/2" x 42" border strips. Piece the strips and cut
(2) 2 1/2" x 72 1/2" strips and (2) 2 1/2" x 64 1/2" strips.

From fabric CC, cut:

- (8) 2 1/4" x 42" binding strips

QUILT CONSTRUCTION

BLOCK ASSEMBLY

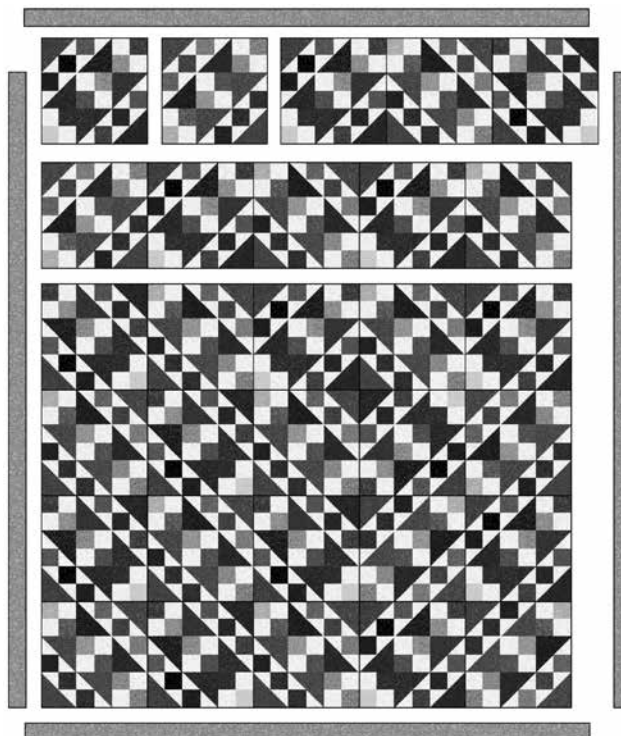
See color diagrams on the back page for reference.

1. Sew a fabric F strip to the long edge of a fabric W strip to make a strip set. Crosscut the strip set into 15 segments, 2 1/2" wide. (Fig. 1)
2. Repeat step 1, sewing *each* of the following strips to a fabric W strip to make one strip set: G, H, L, V, X, DD, GG, HH, KK, LL, and MM. Crosscut *each* strip set into 15 segments, 2 1/2" wide.
3. Sew a fabric F segment to a fabric KK segment to make a four-patch unit as shown. Make a total of 15 units. (Fig. 2)
4. Repeat step 3, to make 15 four-patch units of *each* fabric combination as shown. (Fig. 3)
5. Sew fabric W triangles to adjacent sides of a fabric Y square to make a triangular unit. Then sew a fabric A triangle to the long side of the unit to make a square unit. The unit should measure 4 1/2" x 4 1/2". Make a total of 15 units. (Fig. 4)
6. Repeat step 5, to make 15 units of *each* fabric combination as shown in the block diagrams.
7. Lay out three four-patch units and six units from steps 5 and 6 in three rows as shown in the block diagrams. Join the units into rows and then join the rows. Make 15 blocks *each* of Block One and Block Two. (Fig. 5)

QUILT ASSEMBLY

Refer to the quilt image for color placement guidance as needed.

8. Lay out the blocks in six rows of five blocks each, alternating and rotating the blocks in each row and from row to row as shown in the quilt layout diagram. (*Note that rows 1, 3, and 5 start with Block Two. Rows 2, 4, and 6 start with Block One.*)
9. Join the blocks into rows and then join the rows to complete the quilt-top center.
10. Sew the fabric R 72 1/2"-long strips to opposite sides of the quilt-top center. Then sew the fabric R 64 1/2"-long strips to the top and bottom of the quilt top.
11. Layer the quilt top with batting and backing; baste. Quilt as desired. Using the fabric CC 2 1/4"-wide binding strips, bind the edges to finish.



QUILT LAYOUT DIAGRAM



Fig. 1

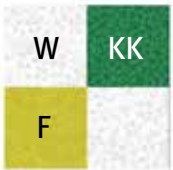


Fig. 2

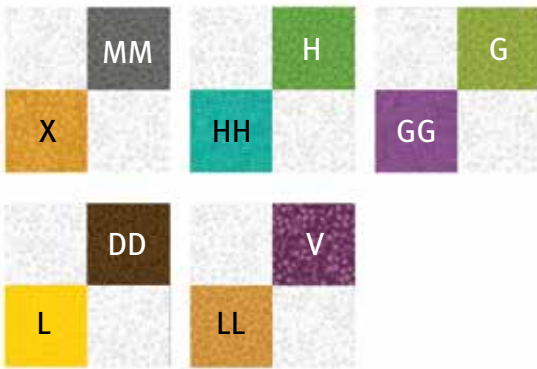


Fig. 3

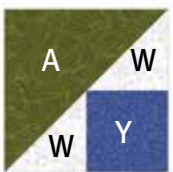
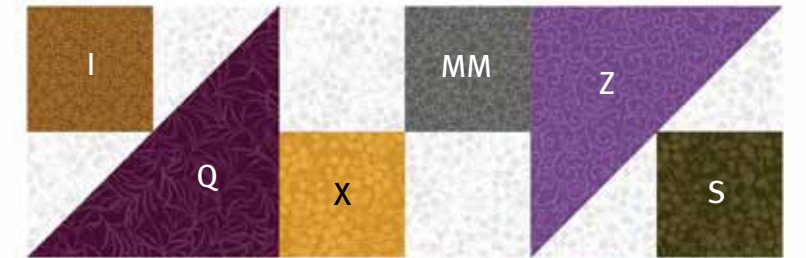
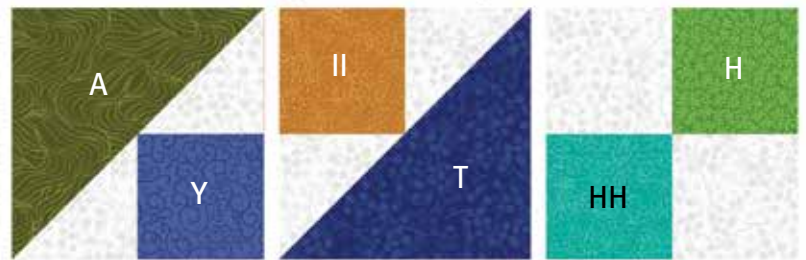
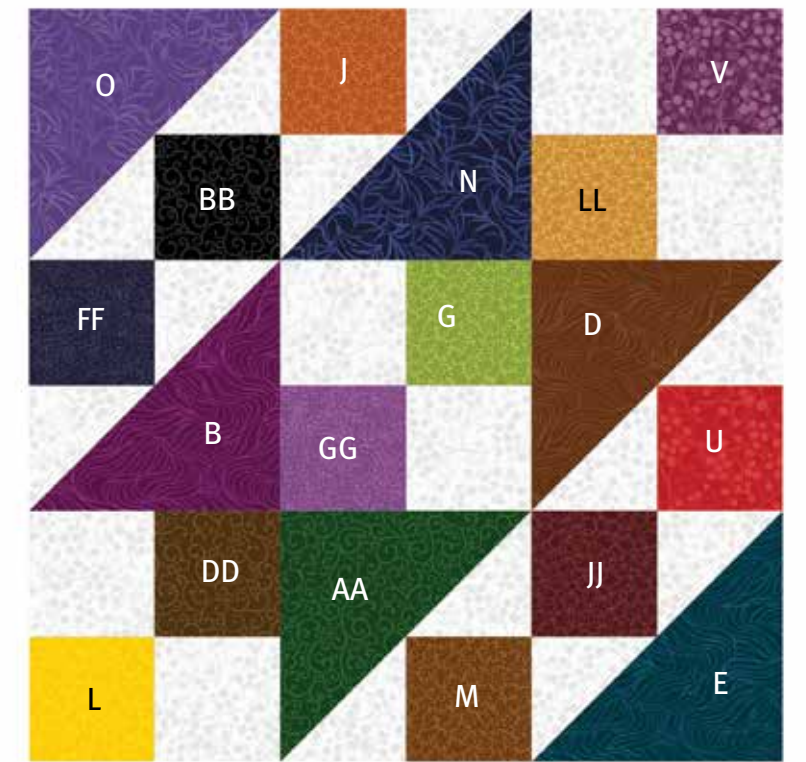


Fig. 4

Fig. 5 Block Diagrams



Block One



Block Two



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100% cotton ♦ Cold wash & dry ♦ 43" / 44" ♦ Colors may vary due to printing process 5/14